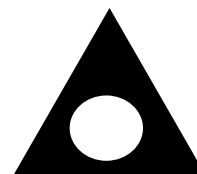


2022 ** NOVEMBER Bulletin **



AFG of Mass / Literature Distribution Center
57 East Main St Suite 109 Westborough, MA 01581-1457

Mon - Fri 9am-4pm

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LDC online store: alanonMA.org/literature-store/

Directions to Westborough office: From Mass Turnpike and Rt 495 Mass Pike exit 11 A to 495 North. Then take Exit 23 B which is Rt. 9 West go 1.3 miles to Rt. 30 West and circle under Rt 9. Go 1.3 miles to 57 East Main St (Downtown Crossing) on your left. It is across from CVS. Enter the lobby under the clock tower – office is at left of elevator. Alternate route from Rt 9: If heading east, turn right on to Lyman St. or, if heading west, turn left on to Lyman St. At end of Lyman St, turn right on to Rt 30 which is East Main St [How to visit office during Covid-19.](#)

NOTE: Our MA meeting list and events are listed on our website alanonMA.org.

Group and individual member donations to MA Al-Anon and Alateen can be made online at alanonMA.org/contribute/

Other helpful links can be found on the World Service Website: Al-Anon.org

Be sure this bulletin is available for all members to review at each meeting.

Area World Service Committee meetings for all District Reps, Coordinators, Area officers & interested members. Have your *Al-Anon/Alateen Service Manual*, Area 25 documents i.e.: By Laws etc & minutes from the last meeting, etc

Meeting dates: 2022 11/6, 12/4 from 1-4pm – held virtually

Information will be emailed to AWSC the week before meeting and will include Zoom information. All members welcome. Please call the Area Office at (508) 366-0556 – Mon-Fri (9am to 4pm) if you would like to attend meeting and do not have zoom information

Area 25 - Panel 62 Coordinators

Alateen Coordinator: alateen@alanonma.org

Alt. Alateen Coordinator:

Archives Coordinator:

Budget Coordinator: budget@alanonma.org

Institutions Coordinator

Literature Coordinator:

Public Information Coordinator: outreach@alanonma.org

Ways & Means Coordinator: waysmeans@alanonma.org

Website Coordinator: website@alanonma.org

Liaison to AA Coordinator: Liaison2AA@alanonma.org

Area 25 - Panel 62 Officers & Other AWSC

Area Delegate: delegate@alanonma.org

Area Alt. Delegate: altdelegate@alanonma.org

Area Chair: chair@alanonma.org

Area Secretary: secretary@alanonma.org

Area Treasurer: treasurer@alanonma.org

Convention 2023: convention@alanonma.org

MAC 2022: mac@alanonma.org

From your Area Delegate –

DELEGATE REPORT

FALL ASSEMBLY: OCTOBER 15, 2022

HELLO GR'S!! Here are the things that I think you will find important/interesting from WSO.

1. A new daily reader, “*A Little Time For Myself*,” will be coming out at the International Al-Anon Convention at the end of June, 2023. This is usually where new publications are released.
2. Please see the new tile, “FROM YOUR AREA DELEGATE” on our wonderful website home page. I am posting information from WSO (World Service Organization) that I believe is important for our Area and its fellowship. I will also post this report here.
3. WSO has budgeted for a \$332,730.00 deficit. Remember it takes \$283 for WSO to service each group and not all groups across the fellowship can afford this much, but some can afford more. Is your group, especially your Zoom group, sharing the Quarterly Appeal letter from the Treasurer on the Board of Trustees and informing people on how to donate? You can go to alanon-anon.org to donate. Both our Area and WSO have two streams of income: literature sales and personal donations. Can you give a love gift of any amount?

4. Have you tried the AI-Anon app? Check out the Delegate tile on the website for more details. There are 37 AFG groups holding 101 meetings and 6 Alateen meetings!
5. At this time: WSO is not able to display electronic AI-Anon groups connected to a geographic Area. They are still working on finding the best way to adapt the current meeting search to pin the electronic AI-Anon meeting information to a geographic location.
6. Blog topic that WSO would love your help: How did you find your first Sponsor?
7. The price for the AI-Anon International Convention will be posted on October 17th on the WSO website. Registration begins **November 8th**. This event only happens every three years and is a wonderful opportunity. I will be there!!
8. Longitudinal study: Did you agree to be in this? The last membership survey (2021) solicited members to be a part of this. It goes from 2022-2026 and the survey for 2022 was emailed several weeks ago. The study is closed now but results should be very interesting! I am available anytime for any question. Best to reach me at Delegate@alanonma.org.

From your Area Chair - Hello everyone. I hope you are all enjoying what has been beautiful Fall weather (the leaves out here in western Massachusetts have been brilliant!). Now that our first hybrid Assembly is over, I want to share some of my thoughts about it with you.

First of all, a thunderous round of applause for all of the people who worked in Hopkinton and behind the scenes online to pull off, with only a few minor glitches, our first large scale integrated hybrid meeting. With over a hundred people on line and about thirty in person, meshing the two venues was a major accomplishment. Congratulations are due to all.

Second, an equally loud ovation is due for the GRs who attended. It seemed like everyone had done their homework and came both educated and prepared to decide some complicated and potentially contentious issues. I was amazed at the tone and content of the discussions as well as gratified by the outcome of the many votes that were taken. For those who were not there, the Assembly reviewed the current financial report, approved the 2023 Budget, and ratified the procedures by which we will collect, evaluate, and approve projects to be funded by the bequest we received last year. Especially gratifying to me was that the policy issues surrounding the affiliation of Permanent Electronic Groups (PEGs) into our Area were all resolved. This will allow the AWSC to appoint a Task Force to draft the actual procedures by which we can implement this policy. We also ensured that we will have a physical location for our 2024 Convention as the current committee works to make the 2023 version a reality. From my perspective, the Assembly accomplished a tremendous amount in a remarkably short time.

The importance of members accepting service positions was driven home to me by one incident at the Assembly. A District Rep spoke about the strong feelings that two groups expressed during their business meetings concerning one of the key issues to be decided. It seemed unlikely, from what she said, that either group had a GR present or, perhaps, a GR at all. Although she eloquently expressed their voice, she could not vote for them. This exemplified how the organization's basic democratic principles (that are repeated throughout the Traditions and Concepts) are moot if members do not interpret Tradition 7 ("Each group should be fully self-supporting...") as pertaining to service as well as money. There are too many "dark" Districts and Groups for me to feel comfortable - please consider service.

Lastly, and perhaps related to the above, having demonstrated that a hybrid format can be successful for an Assembly, I'm putting out a call to Districts to consider hosting the in-person portion of the Spring 2023 Assembly (usually in May). Traditionally, Districts have hosted our meetings and we'd like to return to some form of that format. The Area can help based on our experience last month. I am hoping that a District will accept this exciting challenge.

From your Area Treasurer - As the holidays approach, I'm turning my mind to what I'm grateful for. The very word "Thanksgiving" reminds us to be thankful. The holidays can be difficult for so many of us, but AI-Anon teaches us that we have choices. We can't force our feelings, but we can decide to choose our attitude. What would it look like if I chose an attitude of gratitude this holiday season? As I ponder this question, I find so many things in my life to be thankful for. Even small things can bring a lightness into my day — a smile from a stranger, a woodpecker at my bird feeder, the smell of soup cooking on the stove. And, of course, I am eternally grateful for the AI-Anon program which taught me that I am

enough, that I have enough, and that I can give out of the abundance of my life. What are you thankful for today?
In gratitude, Wendy M.

From your Website Coordinator -

During the October 15th Fall Assembly, the website committee hosted an afternoon workshop - "Wow! Did you know you could find that on our website?" View the presentation slides at <https://alanonma.org/wp-content/uploads/2022/09/Website-workshop-presentation.pdf>

Check out the Home Page Area News tiles: (Helpful hint: to get to the Home Page -click the Al-Anon triangle logo at the top of the page or click Home Page in the footer.) Click the tiles for up-to-date Area News. For example, The Fall Assembly Tile now has documents and presentation from the Oct 15th Assembly.

New this month: One of the main functions of our website is to be inviting and informative to Newcomers. Besides the "Is Al-Anon for Me?" Home Page newcomer tile, there are two new navigation tabs on the website a Newcomer and an Outreach navigation tab! (helpful hint: Navigation tabs are at the top of the page if you are on a computer or press 'Menu' next to 3 parallel lines to find them on a smart phone). Many, many thanks to our outreach coordinator for working on these important website sections.

Also new this month is a 'Meeting Tool' page that can be found under the 'Meeting' tab. This includes helpful suggested material that could be used during a meeting.

In service, Terry S., Website Coordinator website@alanonma.org

November 2022 Events

- Tue 1 Plymouth** – "Let It Begin With Me AFG" Zion Lutheran Church, 384 Court St. (hybrid) 7:30pm group inventory
- Sat 5 Attleboro** – "New Day AFG Adult Children" No in person meeting today (Holiday Fair), only ZOOM, 10:30am
- Sat 5 Worcester** – "Happy Trails AFG" Salem Covenant Church, 215 East Mountain St. E., 10:00am 25th Anniversary
- Tue 8** Registration opens for **2023 Al-Anon International Convention in Albuquerque** (June 29, 2023-July 2, 2023) more information will be available at al-anon.org/international
- Wed 9 Falmouth (West)** - "Acceptance AFG", West Falmouth United Methodist Church, 635 W. Falmouth Highway, 9:30am, 33rd Anniversary
- Wed 9 Grafton** - "Serenity On The Hill AFG", Congregational Church of Grafton (UCC), 30 Grafton Common, in Fireplace Room 10:00am, 10th Anniversary
- Thu 10** – **Virtual Town Meeting – "So, How Do I Renew my Group's Shared Virtual Account"** 7:00pm see last page of bulletin for meeting link
- Fri 11 - Westboro** – Westboro office closed
- Fri-Sun 11-13 Sturbridge** – MA AA Convention – please reach out to the Area Liaison to AA Coordinator at liaison2AA@alanonma.org or call the Area Office at 508-366-0556
- Tue 15 Fitchburg** - "Tuesday Morning AFG Serenity", Highland Baptist Church, 19 Cedar St Hybrid – in person and free conference call 605-475-4865/ID 631072# 10:00am 36th Anniversary
- Wed 16 Danvers** - "Wednesday Morning Glory AFG", Christ the Redeemer Church, 188 Elliott St., 10:00am, 53rd Anniversary
- Wed 16 Gardner** - "Gardner Wednesday Night AFG" sponsoring a Group Sponsored meeting, HYBRID, First Congregational Church, 28 Green St. in church salon & Zoom Meeting ID: 879 3514 5373, password: 165281 call in # 929.205.6099, 7:00pm, 49th Anniversary
- Wed 23 Weymouth** - "Turning Point Book Study AFG", VIRTUAL ONLY, Zoom Meeting ID: 4553 668 788, password: 586412, 10:30am, 42nd Anniversary
- Thu 24 Westboro** – Westboro office closed
- Mon 28 Franklin** – "Monday Nite Just For Today AFG" No in person meeting tonight, only ZOOM, 7:30pm
- Wed 30 Stoughton** - "Help Is Here Wed Discussion AFG", Trinity Episcopal Church, 414 Sumner St., Keeping it simple/no guest speakers, 7:30pm 47th Anniversary

Upcoming events

- Dec 6 Medfield** - "Courage to Change AFG" VIRTUAL ONLY, Zoom Meeting ID: 838 0579 3598, password: 123456, 7:30pm, 51st Anniversary
- Mar 24-26 2023** 46th Massachusetts Al-Anon/Alateen Convention – Hybrid – Best Western Marlboro
- Jun/Jul 29-2 2023** Al-Anon International Convention (more information will be available on al-anon.org/international)

Thought for the month

“Faith does not remain automatically in the mind.”...“I do this through daily contact with my sponsor, reading Conference Approved Literature, regular attendance at Al-Anon meetings and, last but not least, through prayer and meditation with God as I understand him”...“I thank God for giving me Al-Anon, and I thank Al-Anon for giving me God.”

As We Understood (B-11) p. 147

Holiday Meeting Information: The following is group information provided to the Area Office by the groups;

Not Meeting;

11/23 – Wed Stoughton (#6426) 7:30pm “Help Is Here Wed Discussion AFG”

11/23 – Wed Sturbridge (#30514014) 6:30pm “Sturbridge 12 Step AFG”

Please refer to the MA website at <https://alanonma.org> for more holiday information

New Meetings & Meetings that have changed location/time/status as of 11/30/22 (please refer to MA website for COVID 19 safety precautions)

Sun	Change	Easton	OD	10:00am	Easton YMCA, 25 Elm St., Easton (North) used to meet at HS Brockton
Sun	Change	Lynn	OD	10:00am	Lynn Police Station, 300 Washington St. once in lobby, meeting room on left
Sun	Change	Northampton	OVS	5:00pm	Northampton Recovery Center, 25 Armory St (used to meet at Quaker Mtg House)
Sun	Disband	Worcester	CS	6:30pm	St Matthews Episcopal Church
Mon	Disband	Paxton	OS	7:30pm	Paxton Congregational Church
Wed	Disband	Hingham	OS	7:30am	Abbey Conference Center
Wed	Disband	Northampton	OD	6:00pm	The Northampton Recovery Center

Next District meeting for all Group Reps, Alt Group Reps and interested members

District	Date	Time	Virtual Login information
2	Nov 20	12:15pm	Meeting Hybrid – in person and online – Osterville Family Library, 42 Wianno Ave., upstairs. Meeting on Zoom Meeting ID: 897 4316 5439 Passcode: ODAT Dial In: 1-929-205-6099
4	Nov 13	8:30am	Meeting on Zoom Meeting ID: 893 2955 9826 Passcode: 123456
6	Nov 13	6:00pm	Meeting on Zoom Meeting ID: 817 2506 9819 Passcode: 123456 Dial In: 929-205-6099
7	Nov 13	5:00pm	Meeting on Zoom Meeting ID: 861 9669 7894 Passcode: 123456 Dial In: 929-205-6099
9	Nov 9	7:00pm	Meeting on Zoom Meeting ID: 811 3167 3360 Passcode: 123456 Dial In: 929-205-6099
11	Nov 14	7:00pm	Meeting on Zoom Meeting ID: 818 7831 3646 Passcode: 068272 Dial In: 929-205-6099
13	Nov 12	9:00am	Meeting on Zoom Meeting ID: 840 9419 9147 Passcode: 123456 Dial In: 646-876-9923
15	Nov 15	7:00pm	Meeting on Zoom Meeting ID: 827 8952 5989 Passcode: 123456
17	Nov 7	7:00pm	Meeting on Zoom Meeting ID: 987 7092 1691 Passcode: 123456
19	Nov 1	7:00pm	Meeting on Zoom Meeting ID: 843 0289 8253 Passcode: bE7wfe Dial In: 1-929-205-6099
21	Nov 8	6:45pm	Meeting on Zoom Meeting ID: 898 1522 1786 Passcode: 123456 Dial In: 1-929-205-6099

AIS/LDC News from your Area office in Westboro **Shared Virtual Account Dec 1st Renewal Information**

Renew your group's Shared Virtual Account time-slots on Zoom (regardless of when your group joined the Shared Account). Click the 'Renew Shared Virtual Account by Dec 1' Button near the top of the website page or go to <https://alanonma.org/renew-shared-virtual-account/> to learn how to renew your group's time-slot or how your group can join the Shared Virtual Account.

Still have questions about the Shared Virtual Account or How to Renew by Dec 1st? Attend:

Virtual Town Meeting; “So, How Do I Renew my Group's Shared Virtual Account?”

Date: Thursday, November 10th at 7PM Hosted by: Your Website Team

Zoom Link: <https://us06web.zoom.us/j/87362268505?pwd=aHdmQINIZjBYeURRR29mQUI0djJkdz09>

Zoom ID: 873 6226 8505

Passcode: 123456

Dial-in #: 929-205-6099