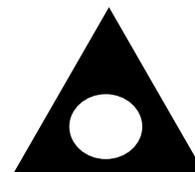


2022 ** SEPTEMBER Bulletin **



AFG of Mass / Literature Distribution Center

57 East Main St Suite 109 Westborough, MA 01581-1457

Mon - Fri 9am-4pm

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LDC online store: alanonMA.org/literature-store/

Directions to Westborough office: From Mass Turnpike and Rt 495 Mass Pike exit 11 A to 495 North. Then take Exit 23 B which is Rt. 9 West go 1.3 miles to Rt. 30 West and circle under Rt 9. Go 1.3 miles to 57 East Main St (Downtown Crossing) on your left. It is across from CVS. Enter the lobby under the clock tower – office is at left of elevator. Alternate route from Rt 9: If heading east, turn right on to Lyman St. or, if heading west, turn left on to Lyman St. At end of Lyman St, turn right on to Rt 30 which is East Main St [How to visit office during Covid-19.](#)

NOTE: **Our MA meeting list and events are listed on our website alanonMA.org.**

Group and individual member donations to MA Al-Anon and Alateen can be made online at alanonMA.org/contribute/

Other helpful links can be found on the World Service Website: Al-Anon.org

Be sure this bulletin is available for all members to review at each meeting.

Area World Service Committee meetings for all District Reps, Coordinators, Area officers & interested members. Have your *Al-Anon/Alateen Service Manual*, Area 25 documents (e.g., By Laws etc & minutes from the last meeting) available.

Meeting dates: 2022 9/11, 11/6, 12/4 from 1-4pm – held virtually

Information will be emailed to AWSC the week before meeting and will include Zoom information. All members welcome. Please call the Area Office at (508) 366-0556 – Mon-Fri (9am to 4pm) if you would like to attend meeting and do not have zoom information

Area 25 - Panel 62 Coordinators

Alateen Coordinator: alateen@alanonma.org

Alt. Alateen Coordinator:

Archives Coordinator:

Budget Coordinator: budget@alanonma.org

Institutions Coordinator

Literature Coordinator:

Public Information Coordinator: outreach@alanonma.org

Ways & Means Coordinator: waysmeans@alanonma.org

Website Coordinator: website@alanonma.org

Liaison to AA Coordinator: Liaison2AA@alanonma.org

Area 25 - Panel 62 Officers & Other AWSC

Area Delegate: delegate@alanonma.org

Area Alt. Delegate: altdelegate@alanonma.org

Area Chair: chair@alanonma.org

Area Secretary: secretary@alanonma.org

Area Treasurer: treasurer@alanonma.org

Convention 2022: convention@alanonma.org

MAC 2022: mac@alanonma.org

From your Area Delegate – There is much to tell you this month, dear fellowship:

1. Finances: WSO is presenting a \$354,849 deficit budget. Literature sales are still down, as are contributions. These are the only sources of income.
2. Did you know that it costs WSO \$300.00 per group? Did you that that only **54%** of groups contribute to WSO?
3. Did you know that Massachusetts gave \$30,298 last year (California South: \$288,000, North Carolina \$53,000 Illinois \$44,000). We can and must do better. I understand some groups are tiny and giving \$300 per year is too much, but some groups are large and can give much more than \$300. **PLEASE discuss this in your groups!**
4. Most of our books will now be e-books. WSO feels that it is important to have our literature widely available and there have been delays in printing. **PLEASE PURCHASE YOUR E-BOOKS ON ONE OF OUR WEBSITES**, or proceeds will not get to our fellowship.
5. At-Large Members of the Executive Committee to WSO need applications. Please e-mail me at my Delegate email if you are interested.
6. Highlights of the 2022 WSC are available on the WSO website <https://Al-Anon.org>

Also click on the new Home Page 'From Your Delegate' tile or go to <https://alanonma.org/from-your-delegate> for more information. As September gets busy please remember to breathe, look around and experience the joy of your recovery. – Love in Service Jane P., Area Delegate

From your Area Chair - I hope each of you has been enjoying this somewhat variable summer and is, even if reluctantly, looking forward to the usually more hectic last quarter of the year. There is certainly a considerable amount on our plate to digest and act on as an Area. The AWSC (“Area World Service Committee”), made up of Area Officers, DR’s and Coordinators, will be meeting again in a couple of weeks. We are using this occasion to conduct **a trial run of a hybrid meeting format** by having a few Officers meet together as a small in-person meeting and attempt to integrate them into the Zoom format that the rest of us will utilize. If all goes well (and we are very hopeful), this will pave the way for conducting the October 15th Assembly as a hybrid. As has been clear for quite a while, the organization is going to look different coming out of the pandemic than it did before.

Much of the rest of the AWSC meeting will be devoted to preparing for the Fall Assembly, which will be a very important and jam-packed gathering, utilizing (we hope) a hybrid format. At that October gathering, there will be a presentation of the **2023 budget** for GR approval. We will also be seeking their approval for the procedures to identify, evaluate, and appropriate monies received from a **bequest** last year. Of equal importance are decisions on the **3 policy issues** regarding the integration of Permanent Electronic Groups (PEGs) who want to be affiliated with Massachusetts into our various service arms. As is mentioned elsewhere in this Bulletin, there will be a **“town hall” forum on September 18 (3 – 5 PM)** via Zoom, where your questions can be addressed so that, through the GRs, your voice can be heard (please help to prepare your GR so that they can vote on October 15th). Also at the Assembly will be workshops in the afternoon and much information from the Coordinators and Committee Chairs to pass on.

Please be aware that the content of our Area website (“alanonma.org”) is constantly expanding and providing new information. There is a large tile on our home page for Frequently Asked Questions about electronic only meetings (see our Website Coordinator’s comments in this Bulletin). I encourage everyone to sample the website to find out what’s new and changing) as we continue to feel our way out of the COVID-dominated era and into new ways of bringing our message of hope and support to the family and friends of alcoholics. -Yours in service, *Paul*

From your Area Alternate Delegate/Forum Coordinator - Everyone has something to share about Al-Anon program, whether you are a newcomer or a longtime member. ***The Forum*** publishes sharings that detail how, Al-Anon has helped members recover from the effects of someone else’s drinking-to improve and live happier lives. Our stories share our tears, fears, joys, and laughter and describe the ways we address and respond to the sorrows, miracles, setbacks, and steps forward that are part of our recovery journey.

You don’t have you have all the answers, and your story doesn’t have to be perfect. Just share from your heart. The World Service Office Staff will edit for grammar, punctuation, spelling, clarity, and length. It takes courage to write with complete honesty, but finding the courage is another step toward recovery for you and for those who read your sharing. *From F-1 Writing Guideline WSO*

For more information on ideas on how to write sharings for ***The Forum***, visit <https://al-anon.org/forumshare>.

As always, feel free to contact me for more details and ideas for writing workshops. - In Service, Sue P.

From your Ways & Means Coordinator - I’m excited to report that 82 members attended “The Day of Fellowship”. We raised \$712 for the area. Most importantly, we had a fun day sharing our experience, strength, and hope. On the subject of fun, we will be forming our new committee for our next event. The next event will be a cafe night, with a potluck and a raffle in the fall. We also need a site for this event. If you are interested in helping with this event, please contact me at WaysMeans@alanonma.org - Yours in Service, Liz F.

From your Website Coordinator - Take a look at this month's Home Page Area News "Tiles" for helpful information at <https://alanonma.org> . Have ideas for other Area News to include? Please let us know.

- **Is Al-Anon For Me?:** has been designed for the newcomer by our Outreach Coordinator, Lisa R. Check it out as a resource to refer to newcomers.
- **From Your Delegate:** This is a new tile that provides information from our Area Delegate. This includes information from WSO such as Membership Survey Results and the WSO Annual Report. Check this tile as more information will be added as we receive it from our Delegate, Jane P.
- **MA Permanent Electronic Group information:** This new tile was added to give groups one place to read answers to Frequently Asked Question related to Electronic Groups in MA by our Area Chair, Paul G.
- **Shared Virtual Account tile:** Click here to get your questions answered (see the link to Frequently Asked Questions) and to submit a request for a 2.5-hour weekly time slot for MA online groups and district meetings. If you were part of the pilot group, your renewal date to continue to be part of this program will be December 1st not September 1st.
- **Get Involved tile:** with short and long-term service opportunities – including how to volunteer to help with the upcoming Ways and Means Committee events. Please contact us with other service opportunities to add to this section.
- **Group Anniversaries:** This tile links you directly to Group Anniversaries and other events on our Website calendar. To add an event to our calendar got to <https://alanonma.org/add-event/>

Helpful hint: most website users log-in directly to the Find a Meeting page and skip the Home Page. To get to the home page from the Find a Meeting page either click the Al-Anon Triangle at the top of the page or Home page at the bottom of the page.

In service, Terry S., Website Coordinator website@alanonma.org and the Website Team

September 2022 Events

Events and login information can be viewed on our website's Calendar of Events at

<https://alanonma.org/calendar-of-events/>

to add your group or district event to our website calendar

go to <https://alanonma.org/add-event/>

Mon 5 – Franklin – “Monday Nite Just For Today AFG” – St John’s Episcopal Church
will not be meeting tonight only

Mon 5 – Westboro – Westboro office closed

Wed 14 – Feeding Hills - “Easy Does it AFG”, Sacred Heart Parish Center, 1061 Springfield St., 7:00pm,
7th Anniversary

Sun 18 – ZOOM only – Town Hall – forum for questions to be asked through GR’s integrating Permanent
Electronic Meetings into MA...3:00-5:00pm Join Zoom Meeting

<https://us06web.zoom.us/j/83968349772?pwd=ZVp1SkQ0MzRJVVpJQ0EtoWXZpenBBUT09>

Meeting ID: 839 6834 9772 Passcode: 123456 One tap mobile+16469313860,,83968349772#

Dial-in#: +1 646 931 3860 Meeting ID: 839 6834 9772 No passcode needed for Dial-in

Mon 19 – Concord - “Paths to Recovery AFG”, West Concord Union Congregational Church,
1317 Main St, 1:00pm 31st Anniversary

Mon 19 – Northboro - “Hope and Serenity AFG”, Trinity Church, 23 Main St, 7:30pm, 50th Anniversary

Fri 23 – Carver - “Road to Serenity AFG”, Church of the Vine, 5 Wareham St, 9:30am, 13th Anniversary

Sat 24 – Arlington - “Saturday 12 Noon AFG”, (**hybrid** – in person and virtual), St John’s Episcopal
Church Hall, 75 Pleasant St. (enter from Lombard Rd at glass door at back of bldg),

Zoom Meeting ID: 811 0947 1385, password: 123456, dial in # 929-205-6099 35th Anniversary

Sun 25 – Osterville – District 2 hosting “A Day of Recovery” Laughter is Better than Botox– An afternoon
of fun Recovery, 1:00-3:00pm Osterville Public Library, 43 Wianno Ave. Speakers, skits &
discussion. (bring your own water or coffee)

Upcoming events

- Oct 3 Worcester** - “Acceptance AFG”, St Matthew’s Church, 695 Southbridge St.,10:00am, 45th Anniversary
- Oct 6 Bridgewater** - “Surviving Serenity AFG”, Central Square Congregational Church, 71 Central Square, 7:00pm, 43rd Anniversary
- Oct 10 Westboro** – Westboro office closed
- Oct 13 Peabody** - “Just For Today AFG”, St. Clare of Assisi, 32 Ellsworth Rd, will be hosting a special meeting with a panel of speakers, potluck & raffle, 7:00pm

SAVE THE DATE - October 15, 2022, Area 25 Fall Assembly – Area 25 hosting, (hybrid – in- person and virtual), St John the Evangelist Parish, 20 Church St., Hopkinton. MA. 8-4pm
-More information to follow in October bulletin

Nov 11-13 Sturbridge – MA AA Convention – more information to follow in October bulletin.

Thought for the month

“Service helps me stretch my boundaries. Taking risks helps me grow, and Al-Anon is a safe place to do just that: take a risk and grow.” *When I Got Busy, I Got Better (p-78) p. 18*

New Meetings & Meetings that have changed location/time/status as of 8/30/22 (COVID 19 safety precautions in place)

Sun	Disbanded Boston	OD	10:00am	The Franklin
Mon	Change Norwood	OD	7:30pm	First Baptist Church, 71 Bond St
Mon	Disband North Adams	CD	11:00am	All Saint’s Episcopal Church
Wed	Change Falmouth	OD	9:30am	United Methodist Church, 635 West Falmouth Highway (Rt 28A)
Thu	Disband South Hadley	OS	6:30pm	Mount Holyoke College Reese Building

Next District meeting for all Group Reps, Alt Group Reps and interested members

District	Date	Time	Virtual Login information
1	Sept 19	7:00pm	Meeting on Zoom Meeting ID: 933 4214 7075 Passcode: 123456 Dial In: 929-205-6099
2	Sept 18	12:15pm	Meeting Hybrid – in person and online – Osterville Family Library, 42 Wianno Ave., upstairs. Meeting on Zoom Meeting ID: 897 4316 5439 Passcode: ODAT Dial In: 1-929-205-6099
4	Sept 25	8:30am	Meeting on Zoom Meeting ID: 893 2955 9826 Passcode: 123456
7	Sept 29	5:00pm	Meeting on Zoom Meeting ID: 885 7717 4634 Passcode: 033263 Dial In: 929-205-6099
9	Sept 14	7:30pm	Meeting on Zoom : Meeting information to follow in Sept bulletin
11	Sept 19	7:00pm	Meeting on Zoom Meeting ID: 862 3866 8691 Passcode: 282760 Dial In: 929-205-6099
13	Sept 10	9:00am	Meeting on Zoom Meeting ID: 862 663 266 Passcode: 1951 Dial In: 929-205-6099
15	Sept 13	7:00pm	Meeting on Zoom Meeting ID: 827 8952 5989 Passcode: 123456
17	Sept 12	7:00pm	Meeting on Zoom Meeting ID: 987 7092 1691 Passcode: 123456
18	Sept 21	7:00pm	Meeting on Zoom Meeting ID: 890 5380 0017 Passcode: 676910 Dial In: 1-646-558-8656
19	Sept 1	7:00pm	Meeting on Zoom Meeting ID: 843 0289 8253 Passcode: bE7wfe Dial In: 1-929-205-6099
21	Sept 13	6:45pm	Meeting on Zoom Meeting ID: 898 1522 1786 Passcode: 123456

AIS/LDC News from your Area office in Westboro

- The Area Office received on July 19 a \$55.00 postal money order made out to MA AFG. There is no identification on neither the money order nor the envelope. Please contact the Area Office at 508 366 0556 if you have any knowledge of this donation. Thank you!
- New LDC order form was emailed to GR's .prices effective Sept 1, 2022
AFG Headquarters announced on August 1st, 2022 the decision by the Finance Committee, with the Executive Committee approval to increase prices for CAL effective immediately. New Prices for CAL are now in effect. Please use the MA Area order form dated Sept, 2022 which has the new prices (which have been emailed to GR;s) or download it from <https://alanonma.org/paper-order/>. If orders are received on old forms we will make necessary changes.