

2021 ** DECEMBER Bulletin **

AFG of Mass / Literature Distribution Center

57 East Main St Suite 109 Westborough, MA 01581-1457

Mon - Fri 9am-4pm

Office

Tel: 508-366-0556

Fax: 508-366-2571

e-mail: afgofma@aol.com

website: alanonMA.org

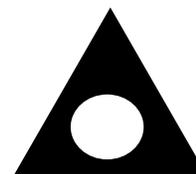


Literature Distribution Center

Tel: 508-366-4663

e-mail: idcofma@aol.com

LDC online store: alanonMA.org/literature-store/



Directions to Westborough office: From Mass Turnpike and Rt 495 Mass Pike exit 11 A to 495 North. Then take Exit 23 B which is Rt. 9 West go 1.3 miles to Rt. 30 West and circle under Rt 9. Go 1.3 miles to 57 East Main St (Downtown Crossing) on your left. It is across from CVS. Enter the lobby under the clock tower – office is at left of elevator. Alternate route from Rt 9: If heading east, turn right on to Lyman St. or, if heading west, turn left on to Lyman St. At end of Lyman St, turn right on to Rt 30 which is East Main St [How to visit office during Covid-19.](#)

NOTE: Our MA meeting list and events are listed on our website alanonMA.org.

Group and individual member donations to MA Al-Anon and Alateen can be made online at alanonMA.org/contribute/

Other helpful links can be found on the World Service Website: Al-Anon.org

Be sure this bulletin is available for all members to review at each meeting.

Area World Service Committee meetings for all District Reps, Coordinators, Area officers & interested members. Have your *Al-Anon/Alateen Service Manual*, Area 25 documents i.e.: By Laws etc & minutes from the last meeting, etc

Meeting dates: 2021 & 2022 12/5, 1/9, 2/6, 4/3 from 1-4pm – held virtually

Information will be emailed to AWSC the week before meeting and will include Zoom information. All members welcome. Please call the Area Office at (508) 366-0556 – Mon-Fri (9am to 4pm) if you would like to attend meeting and do not have zoom information

Area 25 - Panel 59 Coordinators

Alateen Coordinator: Liz W

Area25alateen@ma-al-anon-alateen.org

Alternate Alateen Coordinator: Terry C.

Area25altalateen@ma-al-anon-alateen.org

Archives Coordinator:

Budget Coordinator: Margot S. budget@alanonMA.org

Institutions Coordinator:

Literature Coordinator: Sandy F. literature@alanonma.org

Public Information Coordinator: Mark L. PO@alanonMA.org

Ways & Means Coordinator:

Website Coordinator: Terry S. website@alanonMA.org

Liaison to AA Coordinator: John D.

Area25liaisontoAA@ma-al-anon-alateen.org

Area 25 - Panel 59 Officers & Other AWSC members

Area Delegate: Irene T. Area25delegate@ma-al-anon-alateen.org

Area Alt Delegate: Pauline E.

Area25altdelegate@ma-al-anon-alateen.org

Area Chair: Richard M. Chair@alanonMA.org

Area Secretary: Sue P. Area25secretary@ma-al-anon-alateen.org

Area Treasurer: Jane P. treasurer@alanonMA.org

Convention 2022: Liz F. convention@alanonMA.org

MAC 2021: Johanna L. Area25MAC@ma-al-anon-alateen.org

From your Area Delegate -

Season's Greetings From Your Area Delegate...

Well... the holidays are upon us once again. As I write this Thanksgiving was last week and Hanukah has begun. Christmas is right around the corner and then of course the New Year. I've always considered this our "busy" season. For many of us in Al-Anon, the holidays weren't the images we saw in television specials (remember Andy Williams?) or the movies. My personal all-time favorite is "It's A Wonderful Life". Those countless songs both secular and non-secular... all of these things to get one in the "holiday spirit". That spirit is so difficult to find when dealing with alcoholism. I have struggled my entire life with the effects of this disease (mainly depression) and I have very conflicting feelings about this season... this is why "It's A Wonderful Life" is my favorite movie because on more than one occasion it saved my life. Please indulge me here... I just watched it (again) and realize that it in many ways is the story of us Al-Anoners with the questions I've heard over and over again about wishing life had been different; the so many missed opportunities (the what if's); the most serious, "What if I ended my life?" or the most tragic "What if I had never been born?"

Our lives before Al-Anon were complex, for most of us confusing and unhappy. For those of us in this program, we are the "doers" and "fixers". We take care of things, and we make things alright for everyone we can and usually at the expense of ourselves. We tend to see only the things we didn't do right or not at all. We focus on the perceived failures and missteps and not the positives we've given to the world. (4th Step work anyone?) I have lived a life like this and with

Al-Anon I've learned more about me than I ever have... the good and essential part of me who is greater than the worse in me. Perfect? Far from it but I do know that when I take care of myself, work my program, and do service I know that I have had a wonderful life! With a life in Al-Anon, I know that I can move forward no matter what obstacles lie ahead or whatever bad is heading my way... I GOT THIS! And so do you! You matter more than you ever can/will realize in ways too countless to remember. That is the gift YOU give the world... recognizing the wonderful you that you are is one of the gifts of the Al-Anon program which is always in abundance and always free!

My term as your delegate ends 12/31/21 and I cannot thank you enough for your support, encouragement, and love on this journey. Thank you for your service. Best wishes and love to you all... Stay in touch and prosper in life and love. Blessings on you all...

- Irene T.

From your Area Chair - Service is the practice of unconditional love. Three years ago I stood for Area Chair with both fear and excitement. Today I look back along my path and see the growing pains but oh so many blessings. In your heart you know that to serve is to grow in love. What are you waiting for?

- Richard M. Area Chair

From your Area Website Coordinator & Website Committee-

OUR NEW MA WEBSITE LOOK: In the next few weeks, the MA Al-Anon & Alateen website <https://alanonMA.org> will have a new look (brought to you by the very creative members of your website team). These changes will make the website easier to use on different computer devices. We welcome your feedback.

Looking for a list of groups that are meeting Dec 24, 25, 31, or Jan 1? Please go to <https://alanonma.org/holiday-meeting-notice/> or click on the "HOLIDAY MEETING SCHEDULE" announcement at the top of the MA website page. Go to <https://alanonma.org/add-event/> to add a notice about your meeting status for those dates.

We encourage members to go to the website for up-to-date information including:

1. Important announcements (like *2022 Convention Registration*) are found at the top of the page.
2. Meeting information changes often and we update weekly at <https://alanonma.org/meetings/>
3. To find events (like group anniversaries or workshops), go to <https://alanonma.org/events/>
4. To shop for literature to support MA Al-Anon & Alateen, go to <https://alanonma.org/literature-store/>

We're looking for missing meetings: Many thanks to all the groups that keep their MA website info current. We are still missing many meeting on our MA website that are registered with WSO. Please check if your meeting is on the MA website. A missing meeting can be added by filling out the form at <https://alanonma.org/add-a-meeting/>.

Email accounts @alanonma.org are available for District Reps, Officers, and Coordinators, please contact website@alanonma.org to get your email account. *Welcome to the new panel!*

The website team welcomes your feedback... or join our team and become a website wizard!

-Happy Holidays from Terry S., Website Coordinator, and your website team

From your Area Literature Coordinator –

Happy Holidays to All! Are you wondering what gift to give to another Al-Anon member? Of course, sharing your experience, strength, and hope is a priceless gift and is very much appreciated. A piece of Conference Approved Literature (CAL) can also make a great holiday gift for an Al-Anon member. The "Holiday Bundle" is a selection of Alateen literature for \$20.00 with free shipping, available through January 2022, from the WSO website (al-anon.org). It includes: *Alateen—a day at a time* (B-10); *Alateen—Hope for Children of Alcoholics* (B-3); *Alateen Talks Back On: Serenity* (P-69) and the *Just for Today*, Alateen Bookmark (M-13). If your group doesn't have any Alateen literature this might be a great opportunity to get the bundle to have some Alateen literature available for members. Another great gift idea is to give someone a subscription to *The Forum*, our monthly magazine. My wish for you at this holiday time and throughout the New Year is that your days be filled with peace, love and blessings.

-In fellowship and gratitude, Sandy F., Area Literature Coordinator

From your 2022 Convention Committee - The 2022 Massachusetts Al-Anon & Alateen Convention (Keys to Recovery) will take place on March 25 - 27, 2022 at the Best Western Royal Plaza in Marlborough, MA. This will be an in person convention with face to face meetings & limited remote access for workshops only. There will be LIVE

KEYNOTE Speakers' tapes available for purchase. This convention can't take place without the support & help of the fellowship. We almost have a complete committee. We are inviting members to consider serving as General Co-Chair, Site Chair, Site Co-Chair and Program Co-Chair. The General Co-chair is important to have in place, not only to support this convention but also to ensure that we have a convention in 2023. If you have an interest in this position, please email convention@alanonma.org.

Registration forms will be available this month. We look forward to sharing our fellowship with you. Here is the registration link: <https://alanonma.org/afgconvention>

Volunteer List :

https://docs.google.com/forms/d/e/1FAIpQLSd1Rn0ztpq0nBZ3BY5aZuM5TiLox5IDmCa4lmjtgQBbsf1XRw/viewform?usp=sf_link

Special Notices

District 20 - Jan 11 District 20 - Zoom meeting, 7:00pm-8:30pm. If you are interested in serving as District 20 District Representative or District Treasurer, please attend the Zoom meeting.

Zoom ID: 895 7889 3705, 1 929 436 866

<https://us02web.zoom.us/j/89578893705>

Contact current DR – April aprilmayafg@gmail.com

December 2021 Events

Events and login information can be viewed on our website's Calendar of Events at alanonMA.org/events/ to add your group or district event to our website calendar go to alanonMA.org/add-event/

Tue 7 Medfield - "Courage to Change AFG", 50th group Anniversary, Virtual 7:30pm Zoom ID: 818 0251 1855 Passcode 650983

Fri 24 Westboro - Westboro office closed

Sat 25 Watertown - "Beginners Waltz AFG" – will be holding an AI-Anonathon, Belmont-Watertown United Methodist Church (Grace Vision), 80 Mt. Auburn St. Meetings start at 10:00am and end at 12:00pm. No refreshments

Fri 31 Westboro - Westboro office closed

Upcoming events

Jan 1 Watertown - "Beginners Waltz AFG" – will be holding an AI-Anonathon, Belmont-Watertown United Methodist Church (Grace Vision), 80 Mt. Auburn St. Meetings start at 10:00am and end at 12:00pm. No refreshments

Jan 21 West Bridgewater – "Fellowship and Freedom AFG", 13th group Anniversary, West Bridgewater Community Church, 83 North St 7:00pm (regular 5:30pm mtg will not meet)

Jan 23 Cambridge - "12 Steps, 12 Traditions, 12 Concepts AFG" – group will be having a group inventory today

Thought for the month

"By learning to focus on ourselves, our attitudes and well-being improve. We allow the alcoholics in our lives to experience the consequences of their own actions."

Detachment (S-19)

These groups have reported to the office in November that they are back in person; (Please check our website at <https://alanonma.org> for an updated list of MA AI-Anon meetings. (Those that have reported their status)

Sunday - Hingham 7:00pm - Old Ship Parish House, 107 Main St, entrance is around back on left hand side

Monday - Marshfield 7:00pm - Trinity Church, 229 Highland St

New Meetings & Meetings that have changed location/time/status as of 11/30/21 (COVID 19 safety precautions in place)

Sun	Change	Hingham	OD ac	7:00pm	Old Ship Parish House, 107 Main St, entrance around back of left side
Monday	Change	Marshfield	OS	7:00pm	Trinity Church, 229 Highland St
Tue	Change	Middleboro	OS	7:00pm	Central Congregational Church, 2 Webster St
Wed	Disband	Newton	OD	7:00pm	Trinity Church, 11 Homer St Newton Center
Fri	Change	Harwich	OS	5:30pm	Harwich Community Building, Room 4

Holiday Meeting Schedule as of Dec. 1st

DAY	Date	Will Meet	Town	Time
For an up-to-date holiday meeting list or to add your group's holiday meeting status, please go to https://alanonma.org/holiday-meeting-notice/				
Fri	12/24	in person	West Newton	10:00am
Fri	12/24	in person	Melrose	12:00pm
Sat	12/25	online	Concord	9:00am
Sat	12/25	online	Longmeadow	9:00am
Sat	12/25	online	Natick	9:00am
Sat	12/25	online	Lowell	9:30am
Sat	12/25	in person	Watertown	10:00am & 11:00am
Sat	12/25	online only	Attleboro	10:30am
Fri	12/31	in person	Melrose	12:00pm
Fri	12/31	online	Somerville	6:30pm
Fri	12/31	phone only	Concord	7:30pm
Fri	12/31	phone only	Westboro	7:30pm
Fri	12/31	in person	West Newton	10:00am
Sat	1/1	online	Concord	9:00am
Sat	1/1	online	Longmeadow	9:00am
Sat	1/1	Online	Natick	9:00am
Sat	1/1	online	Lowell	9:30am
Sat	1/1	online	Mattapoisett	10:00am
Sat	1/1	in person	Watertown	10:00am & 11:00am
Sat	1/1	in person & online	Leominster	11:00am

Next District meeting for all Group Reps, Alt Group Reps and interested members

To add your District Meeting to the website calendar, go to [alanonMA.org/add-event/](https://alanonma.org/add-event/). This will be included in the monthly bulletin if received by the 15th of the prior month. Area and District service meetings can be viewed on our MA website calendar at <https://alanonma.org/events>

District	Date	Time	Virtual Login information	Contact
4	Jan 23	9:00am	Mtg on Zoom – please contact Chuck C for specific Zoom information - District4Rep@alanonma.org	Chuck C. District4Rep@alanonma.org
7	Jan 23	5:00pm	Meeting on Zoom Meeting ID: 746 1723 9452 Passcode: recovery	

10	Dec 9	7:00pm	Mtg on Zoom – please contact Wendy M. for specific Zoom information. Outgoing GR's host incoming GR's	Wendy M.
11	Dec 13	7:30pm	Meeting on Zoom Meeting ID: 824 7001 2468 Passcode: 282305 Dial In: 646-558-8656	Michele mjr1230@aol.com
16	Dec 10	7:00pm	Meeting on Zoom Meeting ID: 727 139 3369 Passcode: 654321 Dial In: 929-436-2866	Lisa R. district16rep@alanonMA.org
18	Dec 15	7:00pm	Meeting on Zoom Meeting ID: 899 3130 6938 Passcode: 175283 Dial In: 1-646-558-8656	Luisa F. luisa.districtrep18@gmail.com
22	Dec 14	7:00pm	Meeting on Zoom – please contact Paul G (DR) – districtreppaul@gmail.com for Zoom information	Paul G. districtreppaul@gmail.com
24	Dec 14	7:00pm	Meeting on Zoom Meeting ID: 8535937 0501 Passcode: 622814 Dial In +1 929 205 6099	Niti district24rep@alanonma.org

AIS/LDC News from your Area office in Westboro

- △ Our AIS/LDC office is **OPEN**. (Mon-Fri 9:00-4:00pm) Employees have been fully vaccinated. Masks required for non-vaccinated individuals, optional for those vaccinated.
- △ When purchasing literature for your group on the MA website alanonma.org, please include either Group or town, time and location under "ORDER NOTES (optional)" - find at bottom
- △ Thank you for your continued patience on all literature back orders!